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# **Transcriptome-wide identification of NMD-targeted human mRNAs reveals extensive redundancy between SMG6- and SMG7-mediated degradation pathways**

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**23 ABSTRACT**

24 **Besides degrading aberrant mRNAs that harbor a premature translation**  
25 **termination codon (PTC), nonsense-mediated mRNA decay (NMD) also**  
26 **targets many seemingly “normal” mRNAs that encode for full-length**  
27 **proteins. To identify a *bona fide* set of such endogenous NMD targets in**  
28 **human cells, we applied a meta-analysis approach in which we**  
29 **combined transcriptome profiling of knockdowns and rescues of the**  
30 **three NMD factors UPF1, SMG6 and SMG7. We provide evidence that**  
31 **this combinatorial approach identifies NMD-targeted transcripts more**  
32 **reliably than previous attempts that focused on inactivation of single**  
33 **NMD factors. Our data revealed that SMG6 and SMG7 act on essentially**  
34 **the same transcripts, indicating extensive redundancy between the**  
35 **endo- and exonucleolytic decay routes. Besides mRNAs, we also**  
36 **identified as NMD targets many long non-coding RNAs as well as miRNA**  
37 **and snoRNA host genes. The NMD target feature with the most**  
38 **predictive value is an intron in the 3' UTR, followed by the presence of**  
39 **upstream open reading frames (uORFs) and long 3' UTRs. Furthermore,**  
40 **the 3' UTRs of NMD-targeted transcripts tend to have an increased GC**  
41 **content and to be phylogenetically less conserved when compared to 3'**  
42 **UTRs of NMD insensitive transcripts.**

**43 INTRODUCTION**

44 Nonsense-mediated mRNA decay (NMD) was initially described as a quality  
45 control mechanism clearing transcripts harbouring a premature termination  
46 codon (PTC) from the cell (Losson and Lacroute 1979; Maquat et al. 1981).  
47 Since a PTC can be caused by a mutation in the gene sequence or by  
48 aberrant pre-mRNA splicing, NMD was always associated with abnormal or  
49 pathological conditions. More recently however, a large number of mRNAs  
50 with no PTC were found to be downregulated, often only moderately, by the  
51 NMD pathway (Mendell et al. 2004; Rehwinkel et al. 2005; Tani et al. 2012;  
52 Wittmann et al. 2006; Yepiskoposyan et al. 2011). An emerging view of NMD

53 is therefore that of a post-transcriptional mechanism contributing to the fine-  
54 tuning of gene expression.

55 The molecular mechanism of NMD is only partially understood and depends  
56 on the interplay of many factors. On-going translation is a pre-requisite for  
57 NMD to take place (Carter et al. 1995; Thermann et al. 1998) and there is an  
58 emerging consensus that NMD results as a consequence of aberrant  
59 translation termination (He and Jacobson 2015; Karousis and Mühlemann  
60 2016; Lykke-Andersen and Jensen 2015), which can be detected as ribosome  
61 stalling at NMD-eliciting termination codons (TCs) (Amrani et al. 2004;  
62 Peixeiro et al. 2012). The ATP-dependent RNA helicase UPF1 is central for  
63 NMD activation. UPF1 binds RNA rather unspecifically and independent of  
64 translation (Hurt et al. 2013; Zünd et al. 2013; Hogg and Goff 2010).  
65 Activation of NMD in metazoans involves phosphorylation of UPF1 by SMG1  
66 (Kurosaki et al. 2014; Yamashita et al. 2001). In mammalian cells, two  
67 mechanistically distinct pathways have been described to execute the  
68 degradation of the target mRNAs (Mühlemann and Lykke-Andersen 2010).  
69 The endonuclease SMG6 is recruited to NMD-targeted transcripts by  
70 activated UPF1 (Okada-Katsuhata et al. 2012; Nicholson et al. 2014;  
71 Chakrabarti et al. 2014) and cleaves them in the vicinity of the TC (Huntzinger  
72 et al. 2008; Eberle et al. 2009; Lykke-Andersen et al. 2014; Schmidt et al.  
73 2015; Boehm et al. 2014). For the second pathway, the SMG5/SMG7  
74 heterodimer binds to phosphorylated SQ epitopes in the C-terminal part of  
75 UPF1 and recruits through the C-terminus of SMG7 the deadenylase  
76 CCR4/NOT (Jonas et al. 2013; Loh et al. 2013; Chakrabarti et al. 2014).  
77 Whether the SMG6- and the SMG7-mediated decay pathways act  
78 independently of each other and maybe even target a distinct subpopulation  
79 of mRNAs has so far not been addressed on endogenous targets at a  
80 genome-wide level.

81 The characteristics that render a seemingly “normal” endogenous  
82 mRNA to be degraded by NMD by and large still need to be elucidated, owing  
83 to our fragmented understanding of the mechanism underlying NMD-eliciting  
84 aberrant translation termination. The best-characterized NMD-inducing  
85 feature is the presence of an exon junction complex (EJC) farther than 50  
86 nucleotides downstream of the TC, a situation that is very common also in

87 PTC-containing transcripts. However, the presence of a downstream EJC  
88 seems to enhance the efficiency of NMD (i.e. it increases the extent of mRNA  
89 level reduction) rather than being an essential signal to trigger NMD (Bühler et  
90 al. 2006; Singh et al. 2008). Several studies have also shown that long 3'  
91 UTRs and short ORFs located upstream of the main ORF (uORFs) can  
92 activate NMD (Mendell et al. 2004; Yepiskoposyan et al. 2011; Bühler et al.  
93 2006; Eberle et al. 2008; Hansen et al. 2009; Singh et al. 2008). But these  
94 transcript characteristics have only a limited predictive value and many  
95 mRNAs with long 3' UTRs or uORFs are in fact insensitive to NMD  
96 (Yepiskoposyan et al. 2011; Boehm et al. 2014; Hogg and Goff 2010;  
97 Burroughs et al. 2010). It has been shown that poly(A) binding protein C1  
98 (PABPC1) promotes translation termination *in vitro* (Ivanov et al. 2016) and  
99 effectively antagonizes NMD when tethered close to PTCs in cells (Ivanov et  
100 al. 2008; Eberle et al. 2008; Behm-Ansmant et al. 2007). It is thought that  
101 UPF1 competes with PABPC1 for interacting with the eukaryotic release  
102 factor 3 (eRF3) (Singh et al. 2008) and that an extended physical distance  
103 between the terminating ribosome and the poly(A) tail-associated PABPC1,  
104 which is a typical configuration of transcripts with uORFs, PTCs or long 3'  
105 UTRs, increases the chance for UPF1 to win this competition and elicit NMD  
106 (Mühlemann and Jensen 2012). On the other hand, RNA-binding proteins that  
107 prevent UPF1 from accessing the mRNA just downstream of the TC can tilt  
108 the balance towards proper termination and inhibit NMD, as recently shown  
109 for Rous sarcoma virus (RSV) by polypyrimidine tract binding protein 1  
110 (PTBP1) (Ge et al. 2016).

111 In order to better identify the NMD-eliciting features of mRNAs, a high  
112 confidence set of endogenous NMD-sensitive transcripts is needed. Previous  
113 genome-wide studies showed little agreement regarding the endogenous  
114 NMD targets, and depletion of different NMD factors affected different sets of  
115 transcripts, which prevents a reliable meta-analysis of these data. Partly,  
116 these discrepancies can be explained by technical biases inherent to the  
117 different methods used. To overcome these limitations, we performed RNA-  
118 seq experiments following the latest best practices of the field. We carried out  
119 knockdowns of three well-characterized NMD factors (UPF1, SMG6 and

120 SMG7) and also operated the respective rescues, which allowed us to  
121 increase the stringency and accuracy of the analysis.

122 Our results show that despite the existing individual differences, UPF1,  
123 SMG6 and SMG7 similarly affect the abundance of a large number of  
124 mRNAs. Among the NMD-targeted genes, we found a significant enrichment  
125 of miRNA host genes, in addition to the already reported snoRNA host genes  
126 (Lykke-Andersen et al. 2014). Many non-coding RNAs also appear to be  
127 targeted by NMD, depending on the presence of open reading frames (ORFs)  
128 in their sequence, consistent with recent reports showing ribosome  
129 association of many supposedly non-coding transcripts (Ingolia et al. 2014).  
130 Furthermore, we also obtained evidence of transcription upstream of  
131 canonical start sites, which appears to be partially cleared by the NMD  
132 pathway, but to a lesser extent than has been reported for yeast (Malabat et  
133 al. 2015). Already known NMD-inducing features were also enriched among  
134 our NMD targets, including 3' UTR introns, uORFs and long 3' UTRs.  
135 Additionally, 3' UTRs of NMD targets have on average a higher GC content  
136 and are phylogenetically less conserved than NMD-immune transcripts.

## 137 **RESULTS**

### 138 **Experimental setup to identify a high-confidence set of NMD-targeted** 139 **transcripts**

140 Based on the current literature it is unclear if what is commonly termed NMD  
141 constitutes a single biochemical pathway or a blend of several ones. In  
142 mammalian cells, evidence for UPF2- as well as for UPF3-independent NMD  
143 has been reported (Gehring et al. 2005; Chan et al. 2007) and it has further  
144 been suggested that SMG6 and SMG7 might represent two independent  
145 branches of NMD to initiate target RNA degradation (Mühlemann and Lykke-  
146 Andersen 2010). Given these uncertainties, we decided to operationally  
147 define NMD as an RNA degradation pathway that depends on UPF1 and  
148 SMG6 or SMG7. Accordingly, we performed shRNA-mediated knockdowns  
149 (KD) in HeLa cells for these three NMD factors and also operated the  
150 respective rescues by expressing an RNAi-resistant version of the respective

151 protein (Fig. 1A). To generate a reference and control dataset (Ctrl), a  
152 knockdown with a scrambled shRNA sequence was performed. To address  
153 the extent of redundancy between SMG6 and SMG7, we also performed  
154 double knockdowns (dKD) of both factors and rescued this condition with  
155 either SMG6 or SMG7. Western blotting showed efficient depletion of the  
156 respective NMD factors in all knockdowns and rescue protein levels were  
157 comparable or higher than the endogenous levels of the respective NMD  
158 factor (Figure 1A). Checking the relative RNA levels of several previously  
159 identified NMD-targeted transcripts showed increased RNA levels under our  
160 knockdown conditions and a partial to complete rescue under our rescue  
161 conditions (Fig. 1B). Thus, our experimental conditions resulted in the  
162 attempted inhibition and at least partial rescue of NMD activity.

### 163 **mRNA-seq and principal component analysis**

164 Three independent biological replicates of the aforementioned 10 different  
165 conditions were enriched for poly(A)<sup>+</sup> RNA and subjected to high throughput  
166 sequencing. The obtained reads were mapped to the human genome  
167 (GRCh38) using TopHat (Kim et al. 2013) and gene counting was performed  
168 with the program featureCounts (Liao et al. 2014). Since the library  
169 preparations and sequencing was carried out in two batches (batch A: Ctrl,  
170 UPF1 KD, SMG6 KD, and respective rescue samples; batch B: Ctrl, SMG7  
171 KD, dKD and respective rescue samples), a total of 6 Ctrl reference samples  
172 was produced. Although the principle component analysis (PCA) showed the  
173 absence of a significant batch effect, indicated by the close clustering of the  
174 Ctrl samples (Supplemental Fig. S1), we nevertheless opted to separately  
175 compare every sample to the controls of the respective batch. The PCA also  
176 revealed that the KD samples of the different factors do not cluster as close to  
177 each other as one might have expected, which can have different  
178 explanations. One reason is that the PCA maximizes the components of  
179 variation between all the samples and are equally influenced by both  
180 upregulated (i.e. NMD targeted) and downregulated genes (i.e. non-NMD-  
181 related effects), of which the downregulated ones are not expected to be  
182 conserved for different NMD factors. It should also be noted that the first two

183 principal components only report a fraction of the total variation present in the  
184 dataset (in this case 49%). Additionally, UPF1 is known to be involved in  
185 several biological processes other than NMD (Isken and Maquat 2008), which  
186 may explain why UPF1 KDs cluster farther away from the other samples. The  
187 fact that the rescue samples are all closer to their respective KDs than to the  
188 control (Ctrl) confirms our observation from individual transcripts (Fig. 1B) that  
189 we only achieved a partial rescue in our experiments, despite of an overall  
190 higher-than-endogenous expression of the RNAi-resistant constructs (Fig. 1A  
191 and Supplemental Table S1). This can be attributed to the fact that a  
192 puromycin selection marker on the shRNA encoding plasmids enabled us to  
193 achieve the knockdown in essentially every cell surviving the selection, which  
194 was not the case for the cells expressing the rescue construct. Therefore a  
195 fraction of the cells in the rescue conditions was depleted for the endogenous  
196 NMD factor yet did not express the corresponding rescue construct, resulting  
197 in the observed partial rescue.

#### 198 **Bioinformatics approach to identify *bona fide* NMD targeted genes**

199 A first differential expression analysis was conducted at the gene level using  
200 DESeq2 (Love et al. 2014) to compute log<sub>2</sub> fold changes (log<sub>2</sub>FC) between  
201 two conditions. To represent the knockdown and the rescue effect for each  
202 gene as a single value, the KD/Ctrl log<sub>2</sub>FC and the inverse of the rescue/KD  
203 log<sub>2</sub>FC were averaged, thus resulting in a positive value for NMD targets (see  
204 methods). The respective *p*-values of these two comparisons were combined  
205 using a method called “sum of *p*-value” (Edgington 1972) (Supplemental Fig.  
206 S2A), which allows the detection of differentially expressed genes with  
207 enhanced sensitivity and confidence. The overall good negative correlation  
208 between these two log<sub>2</sub>FC values justifies this approach (Supplemental Fig.  
209 S2B). From here on, when describing targets of e.g. UPF1 or the dKD  
210 rescued with SMG6, we will refer exclusively to these combined log<sub>2</sub>FC (KD-  
211 rescue log<sub>2</sub>FC) and *p*-values (KD-rescue *p*-values). Using this approach and  
212 Fisher’s method (see Supplemental Methods), we computed a global list of  
213 significant differentially expressed genes (Supplemental Table S2). Since the  
214 meta-analysis procedure tends to inflate the number of significant results and

215 since it was already observed that RNA-seq methods cannot control their true  
216 false discovery rate (FDR) with few replicates (Soneson and Delorenzi 2013),  
217 we decided to focus on the top 1000 most significant genes of our analysis,  
218 defining this as our high-confidence set of NMD targets. A comparison with  
219 the transcripts annotated as NMD sensitive in the Ensembl database proved  
220 the benefit of this combinatorial approach over relying on data from individual  
221 knockdown or rescue conditions (Supplemental Fig. S3). This comparison  
222 also revealed that the rescue conditions (log<sub>2</sub>FC rescue/KD) generally  
223 identified more annotated NMD transcripts than the corresponding knockdown  
224 conditions (log<sub>2</sub>FC KD/Ctrl), despite being only partial (see above). Besides  
225 genes that show the pattern expected for NMD targets (RNA increase upon  
226 KD and decrease in rescue; see Supplemental Table S3, “positive results”),  
227 comparable numbers of genes were affected in the opposite way (RNA  
228 decrease upon KD and increase in rescue; see Table S3, “negative results”).  
229 However, many more of the former are characterized by a higher change in  
230 expression (log<sub>2</sub>FC > 0.5, Table S3). Negative results are also less shared  
231 among the different factors (Supplemental Fig. S4), suggesting that they are  
232 more likely to arise from transcriptional noise. These observations together  
233 indicate that indirect gene expression variation caused by NMD inactivation is  
234 secondary to the changes in RNA levels that can be attributed to active NMD  
235 decay. Finally, it's important to underline the fact that the single SMG7 KD  
236 inhibited NMD to a much lesser extent than the KD of all other NMD factors,  
237 an observation that we already reported in an earlier study (Yepiskoposyan et  
238 al. 2011).

### 239 **Identified NMD targets show expected properties**

240 We expected the rescue experiments to increase the accuracy of identifying  
241 NMD targeted RNAs because of the reduction of off-target hits. To test the  
242 actual benefits of the rescues, we compared our data to a previous published  
243 dataset that was also produced by RNA-seq from RNA of HeLa cells (Tani et  
244 al. 2012). The correlation of the simple log<sub>2</sub>FC obtained in UPF1 KD is very  
245 low (Supplemental Fig. S5A). This is a common situation when comparing  
246 RNA-seq datasets of different publications, which is mainly caused by

247 environmental and technological variables that strongly impact the results.  
248 However, the overlap between the two datasets improves considerably when  
249 the UPF1 rescue is included in the analysis (Supplemental Fig. S5B). The  
250 correlation score increases from 0.06 to 0.21 and the 100 top targets of our  
251 meta-analysis (red dots) are also more evidently among the most strongly  
252 reacting genes in this comparison.

253 To further assess the quality of our data, we complemented it with a  
254 UPF1 CLIP dataset that we generated by expressing C-terminally FLAG-  
255 tagged UPF1 in HeLa cells depleted for the endogenous UPF1. Consistent  
256 with previously observed preferential steady-state association of UPF1 with  
257 NMD targets (Johansson et al. 2007; Johns et al. 2007; Kurosaki and Maquat  
258 2013; Silva et al. 2008; Hwang et al. 2010; Lee et al. 2015), the top 1000  
259 significant NMD targets are overall enriched in UPF1 CLIP tags  
260 (Supplemental Fig. S6), demonstrating a strong correlation between the two  
261 datasets.

262 We have further compared our top NMD targets with the SMG6  
263 cleavage sites determined by Schmidt and colleagues (Schmidt et al. 2015).  
264 In this study, the authors employed parallel analysis of RNA ends (PARE) to  
265 determine 5' termini of RNA decay intermediates produced by SMG6 and  
266 dependent on UPF1. The determined SMG6 targets in this study are strongly  
267 enriched in our list of significant NMD targets (Supplemental Fig. S7). The  
268 overlap is nevertheless far from complete, as already observed in the original  
269 publication (Schmidt et al. 2015).

## 270 **UPF1, SMG6 and SMG7 define a homogenous pathway**

271 To have a comprehensive view of the entire data, we performed a cluster  
272 analysis without adding any *a priori* information (Fig. 2A). The most significant  
273 cluster (cluster 1), of the two we determined, comprises ~ 40'000 genes and  
274 shows no particular trend of differential expression, consistent with the  
275 expectation that the majority of poly(A)+ RNAs are not targeted by NMD. The  
276 second cluster (cluster 2) comprises ~ 4'000 genes and shows the differential  
277 expression pattern expected for NMD targets, in which the log<sub>2</sub>FC is positive  
278 for KD/Ctrl and negative for rescue/KD conditions. This shows that NMD is

279 responsible for the most relevant pattern in our data, having a stronger impact  
280 than any other effect or bias. It is also interesting to note that among the less  
281 significant additional clusters, none shows any factor-specific trend  
282 (Supplemental Fig. S8), highlighting the overall uniformity of our data and  
283 indicating the absence of significant sub-pathways, i.e. branched or  
284 alternative NMD routes.

285 One of the key features of our dataset is the extent of overlap between  
286 the different NMD factors studied. A high overlap would first of all confirm that  
287 our approach indeed yields a high confidence list of NMD targeted transcripts  
288 and at the same time justifies the definition of NMD as a UPF1, SMG6 and  
289 SMG7-dependent pathway. To get an overview on the extent of overlap in our  
290 data, we selected for every condition the top significant 1000 targets and  
291 examined what percentage of those targets was also identified in the other  
292 conditions (Fig. 2B). Overall, we find an extensive overlap between most  
293 conditions. For example, at least 90% of the top 1000 UPF1 targets also  
294 showed a positive KD-rescue log<sub>2</sub>FC in the other conditions, albeit not  
295 necessarily significant, with the only exception of SMG7. It is indeed evident  
296 that the SMG7 condition correlates least with the other ones by a large  
297 margin. At least in part, this is due to a smaller number of genes being  
298 statistically significantly affected by SMG7, resulting in a higher proportion of  
299 false positive hits among the top 1000 targets, which do not correlate with the  
300 targets of the other conditions. It is interesting to observe that SMG7 KD is  
301 leading to a notable upregulation of both UPF1 and SMG6 levels (Fig. 2C).  
302 This autoregulatory feedback might explain why SMG7 KD only weakly  
303 impaired NMD. This effect was also observed, albeit less pronounced, in  
304 UPF1 KD but not in SMG6 KD. The comparison of SMG6 and SMG7 single  
305 KDs is therefore biased by the autoregulation phenomenon. For this reason,  
306 the double KD of these two factors is essential to disentangle their individual  
307 contributions to the NMD pathway.

### 308 **SMG6 and SMG7 act on the same target genes**

309 With regards to the previously proposed independent pathways to degrade  
310 mammalian NMD targets (Mühlemann and Lykke-Andersen 2010), the

311 extremely high overlap of the most significant targets between dKD SMG6  
312 and dKD SMG7 is intriguing (Fig. 2B). Since these lists are computed taking  
313 into account the same dKD and Ctrl samples, they are not independent and  
314 their similarity could be overestimated. We therefore directly compared the  
315 effects caused by SMG6 and SMG7 rescues in the dKD cells (Fig. 3A). As  
316 can be seen from the spindle-shaped cloud of dots, most genes were affected  
317 in the same way by the SMG7 rescue and the SMG6 rescue, with an overall  
318 stronger effect caused by the SMG6 rescue. This correlation is highly  
319 significant (Pearson's correlation coefficient 0.842) and there is no substantial  
320 group of genes reacting in only one of the two conditions. To have a more  
321 rigorous statistical view on the variance present in this comparison, we also  
322 performed some simulations. In these simulations we generated a  
323 hypothetical SMG7 rescue dataset, in which we reproduced the changes in  
324 RNA levels observed in SMG6 rescue. We could thus measure how much  
325 these two rescue conditions would correlate, if there were absolutely no  
326 difference in the specificity of the two factors. The correlation of this new  
327 variable with the SMG6 log<sub>2</sub>FC was  $0.883 \pm 0.001$ , close to the one observed  
328 for the real data. This shows that most of the variation present in this  
329 comparison is caused by transcriptional noise and that only a small amount of  
330 it is actually caused by the different activity of SMG6 and SMG7. To estimate  
331 this additional small variation, we applied some variability to the simulated  
332 gene expression and compared the resulting correlation with the observed  
333 one (Fig. 3B). This allowed us to estimate the average extent of gene  
334 expression specificity between SMG6 and SMG7 to  $8.19\% \pm 0.15$ . From  
335 these analyses we can conclude that SMG7 activity has generally a weaker  
336 effect than SMG6, but they act on the same genes.

### 337 **Long "non-coding" RNAs, small-RNA host genes and pervasive** 338 **transcripts are targeted by NMD**

339 To get a first overview on what kind of RNAs we have among our 1000 most  
340 significant NMD targets, we categorized them according to their biotype (Fig.  
341 4A). As expected, the majority (78%) of the genes codes for proteins.  
342 However, there are also a considerable proportion of various non-coding  
343 genes, with the main sub-classes being pseudogenes (9%), long intergenic

344 non-coding RNAs (lincRNAs; 6%) and antisense transcripts (4%). Given that  
345 NMD is a translation-dependent process, it might be surprising at first sight  
346 that several genes annotated as "non-coding" are affected. However, many  
347 pseudogenes are known to give rise to PTC-containing mRNAs (Mitrovich and  
348 Anderson 2005) and recent ribosome profiling studies found many transcripts  
349 categorized as lincRNAs to be associated with ribosomes (Ingolia et al. 2011;  
350 Calviello et al. 2015; Carlevaro-Fita et al. 2016). In few cases, the short  
351 polypeptides encoded by these lincRNAs were even detected (Ingolia et al.  
352 2014) thus revealing them as a misnomer. Given their documented evidence  
353 for associating with ribosomes, one would in fact predict that these mostly  
354 short ORFs, similar to uORFs, would terminate translation in an mRNP  
355 context that leads to NMD activation. Supporting this view, we find a strong  
356 correlation between the number of predicted ORFs (minimal length of 3  
357 codons) on a non-coding RNA and its likelihood to be identified as an NMD  
358 target in our study (Fig. 4B).

359 An interesting group of genes that is significantly enriched in our data  
360 comprises host genes for snoRNAs and miRNAs (Fig 4C). Consistent with a  
361 previous study reporting an overrepresentation of snoRNA host genes among  
362 NMD targets (Lykke-Andersen et al. 2014), snoRNA host genes are 3-fold  
363 enriched among our top 1000 hits, when compared to genes that neither host  
364 snoRNAs nor miRNAs (non hosts) ( $p$ -value =  $6e-6$ , Fisher exact test).  
365 Similarly, we also detected a 3-fold enrichment of miRNA host genes ( $p$ -value  
366 =  $4e-14$ ). The snoRNAs and miRNAs are encoded in the introns of these  
367 genes and processed from the excised introns of the pre-mRNAs. In many  
368 cases, the spliced RNAs do not encode a functional protein and the non-  
369 conserved short ORFs occurring in these spliced RNAs will presumably be  
370 translated and trigger NMD because of aberrant translation termination in the  
371 same way as proposed for lincRNAs and mRNAs containing uORFs. Thus,  
372 while high transcription rates of the snoRNA and miRNA host genes are  
373 required to produce sufficient amounts of these small RNAs, NMD ensures  
374 that the spliced host RNAs, which can represent waste products for the cell,  
375 are quickly degraded.

376 In *S. cerevisiae*, another group of transcripts has recently been  
377 revealed to be abundant among the NMD targets, namely transcripts whose

378 transcription starts upstream of the canonical transcription start sites (TSS)  
379 (Malabat et al. 2015). Owing to their additional sequence upstream of the  
380 main ORF, they have an increased likelihood to contain uORFs that will  
381 activate NMD. To see if such pervasive transcripts are also present among  
382 the NMD targets in human cells, we searched in our data for sequence  
383 coverage 200 bp upstream of annotated TSS, ignoring intervals where other  
384 genetic annotations were present. The log<sub>2</sub>FCs of these “upstream TSS”  
385 sequences, normalized with the expression level of the corresponding gene,  
386 follow an NMD-sensitive distribution, even though the effect size is rather  
387 small (Fig. 4D). We conclude that although detectable, pervasive transcripts  
388 are not commonly present in our data, possibly because pervasive  
389 transcription occurs at a much lower frequency in human cells than in yeast.

### 390 **Different 3' UTR features are associated with NMD sensitivity**

391 In the absence of a detailed understanding of the mechanism of NMD,  
392 empirical identification of transcript features that can differentiate NMD targets  
393 from non-targets is an important and active area of research. Even though  
394 such feature searches only yield correlations without implying a causal  
395 connection, they can help characterize the pathway and formulate hypotheses  
396 on the molecular mechanism. To have the best-possible correlation between  
397 mRNA properties and their level of degradation by NMD, we performed a  
398 transcript-level analysis. In this analysis, the expression of all the different  
399 splicing isoforms of each gene is estimated independently, providing  
400 information on the behaviour of specific mRNA molecules. The difficulty of  
401 uniquely assigning reads to single transcripts, however, determines a lower  
402 accuracy, compared to a gene-level study (Soneson et al. 2015). The  
403 combination of all conditions into a single measure was carried out in the  
404 same way as the gene-level analysis.

405 By far, the most prominent and significant NMD feature in our analysis  
406 is the presence of an intron in the 3' UTR located more than 50 nucleotides  
407 downstream of the stop codon ( $p$ -value <  $2e-16$ , Fisher exact test). 40% of the  
408 significant targets are characterized by this property (Fig. 5A). This confirms  
409 many previous studies and supports the model that an EJC downstream of a

410 stop codon highly facilitates the decay process on the mRNA. To analyze  
411 additional features, we focused only on the transcripts that do not contain a 3'  
412 UTR intron. This is motivated by the fact that this property can mask the  
413 presence of other features. For example, it was reported that mRNAs with an  
414 intron in the 3' UTR are more strongly degraded when the 3' UTR is short  
415 (Hurt et al. 2013). Focusing on this filtered set we analyzed the presence of  
416 uORFs. For this analysis, uORFs were defined as  $\geq 3$  codon-long ORFs with  
417 both an AUG and a stop codon upstream of the main ORF, being aware that  
418 *in vivo* not all of these uORFs will actually be translated. Notwithstanding this  
419 oversimplification, we observed a highly significant enrichment of uORFs  
420 among the NMD targets ( $p$ -value:  $2e-10$ ). All mRNAs with a uORF were  
421 similarly discarded from further analyses.

422 Besides the presence of an intron, additional characteristics of the 3'  
423 UTR are also important in determining if an RNA is targeted by NMD (Fig.  
424 5B). In our data, we found that NMD targets show a longer 3' UTR than a  
425 control group that we defined as a set of mRNAs with similar Ctrl expression  
426 levels as the NMD sensitive ones ( $p$ -value:  $2e-5$ , permutation test). This  
427 feature, despite extensive experimental validation, shows only a limited  
428 statistical significance in our data. Nevertheless, with a median 3' UTR length  
429 of 836 nucleotides, NMD targets tend to have on average  $\sim 50\%$  longer 3'  
430 UTRs than transcripts of the control group (median length of 561 nucleotides).  
431 In addition, the GC content of the 3' UTRs of NMD targets is also significantly  
432 higher than in NMD-insensitive transcripts ( $p$ -value:  $2e-10$ ). This finding is in  
433 line with the higher UPF1 propensity to GC rich regions we observe in our  
434 CLIP experiment (Supplemental Fig. S9). It was suggested that UPF1  
435 ATPase and helicase activity was reduced when associated with GC motifs  
436 (Bhattacharya et al. 2000), which could lead to its enrichment on GC-rich 3'  
437 UTRs and thereby promote NMD. Furthermore, we also determined the  
438 phylogenetic conservation of the 3' UTRs in NMD targets and the control  
439 group (PhyloP score) (Pollard et al. 2010) and found that 3' UTRs of NMD  
440 targets are significantly less conserved ( $p$ -value:  $7e-13$ ). The biological  
441 meaning of this lower phylogenetic conservation of the 3' UTRs of NMD  
442 targets is unknown and possible explanations remain speculative at this point  
443 (see Discussion).

**444 DISCUSSION**

445 This study presents an attempt to determine a high-confidence set of  
446 endogenous transcripts targeted by NMD. Several such attempts have been  
447 previously reported, using either microarrays (Mendell et al. 2004; Wittmann  
448 et al. 2006; Viegas et al. 2007; Yepiskoposyan et al. 2011) or deep  
449 sequencing (Tani et al. 2012; Hurt et al. 2013; Schmidt et al. 2015). However,  
450 the overlap among the hits in these different studies was minimal, questioning  
451 the robustness of the results. Our approach differs from these previous  
452 studies in the high sequencing quality and an experimental design that  
453 combines data from 10 different experimental conditions. The rescue  
454 conditions substantially improved the accuracy of the differential expression  
455 detection by controlling for indirect effects and possible biases introduced by  
456 the shRNA procedure (Supplemental Fig. S3). Furthermore, the meta-analysis  
457 of UPF1, SMG6 and SMG7 also resulted in increased statistical power and  
458 helped to filter out individual false positive hits. In particular, studies  
459 investigating only the effect of UPF1 depletion on the transcriptome are prone  
460 to yield many false positives because UPF1 is involved in additional pathways  
461 beside NMD (Isken and Maquat 2008). Finally, the SMG6/SMG7 double KDs  
462 were crucial to reveal the redundancy in the activity of SMG6 and SMG7. The  
463 single SMG7 KD caused a 77% upregulation of SMG6 mRNA (Fig. 2C), which  
464 prevents an unbiased evaluation of the extent of SMG7 activity in normal  
465 cells, since many of its targets are likely masked by an increased SMG6  
466 activity. If instead the cells were depleted of both factors, it became evident  
467 that rescue plasmids of either gene had very similar effects on the  
468 transcriptome. Although the magnitude of these changes was clearly higher  
469 for SMG6, we determined that SMG7 acts on essentially the same targets,  
470 with an estimated variability of only 8.2% (Fig. 3B). We therefore conclude  
471 that SMG6- and SMG7-mediated degradation routes appear to be two highly  
472 redundant branches of the mammalian NMD pathway. This is consistent with  
473 previous observations made with reporter genes (Luke et al. 2007; Jonas et  
474 al. 2013; Metze et al. 2013) and in line with what was observed in a study  
475 focusing on SMG6 endonucleolytic activity (Schmidt et al. 2015). In this work,  
476 the authors observed an accumulation of decapped transcripts upon depletion

477 of SMG6, indicating the presence of a complementary decay mechanism that  
478 most likely involves SMG7 mediated recruitment of the CCR4/NOT  
479 deadenylase followed by decapping of the deadenylated RNAs.

480 Our approach allowed us to confirm and expand several previous  
481 observations. For example the GAS5 transcript, which is not associated to  
482 any known peptide sequence, has been previously discovered to be stabilized  
483 upon NMD inactivation (Weischenfeldt et al. 2008; Tani et al. 2013). In our  
484 study, we found that a substantial fraction of the genes affected by NMD are  
485 associated in the databases to a non-coding biotype (Fig. 4A). The  
486 dependency of NMD on translation indicates that this classification as “non-  
487 coding” may be inaccurate and that in reality these RNAs engage the  
488 translation machinery. This hypothesis is supported by a clear correlation  
489 between the number of possible ORFs on these transcripts and the likelihood  
490 of being subject to NMD (Fig. 4B) and by the fact that recent ribosome  
491 profiling studies and polysome analyses found many non-coding RNAs to be  
492 associated with ribosomes (Ingolia et al. 2011, 2014; Carlevaro-Fita et al.  
493 2016).

494 In our list of NMD targets, we found a significant enrichment of snoRNA  
495 and miRNA host genes (Fig. 4C). SnoRNA host genes have already been  
496 described to be frequently targeted by NMD and it was proposed that this  
497 uncouples the expression of the snoRNAs and the corresponding host gene  
498 (Lykke-Andersen et al. 2014). The same regulation appears to apply for  
499 miRNA host genes, which we also show to frequently undergo NMD. We  
500 speculate that from many miRNA host genes a cell only requires high  
501 numbers of the specific mature miRNA but not of the cognate spliced  
502 transcript. Splicing the pre-mRNA of a miRNA host gene to an NMD-sensitive  
503 transcript ensures low levels of that transcript despite a high transcription rate  
504 of the gene.

505 In yeast, it has been shown that RNA polymerase II transcription often  
506 initiates upstream the usual transcription start site (a phenomenon called  
507 pervasive transcription) and it was shown that NMD plays an important role  
508 in clearing these spurious transcripts (Malabat et al. 2015). In our data we  
509 could also observe a similar activity, even though the phenomenon appeared  
510 to be much less common than in yeast (Fig. 4D). It should however be noted

511 that Malabat and colleagues used an experimental method aimed at  
512 specifically identifying transcriptional start sites (TSS sequencing), which is  
513 much more sensitive in detecting even very low abundant pervasive  
514 transcripts than a normal RNA-seq like ours. Nevertheless, our data indicates  
515 that unlike in yeast, such pervasive transcripts only constitute a small fraction  
516 of the NMD-targeted transcriptome in mammalian cells, presumably because  
517 the frequency of spurious transcription initiation is much lower than in yeast.

518 An accurate list of *bona fide* NMD targets may help to uncover  
519 common features among NMD-sensitive transcripts, which in turn can give  
520 further insights into NMD target identification and eventually allow the  
521 computational prediction of NMD targets. The most prominent feature we  
522 could determine in our data is, as expected, the presence of an intron in the 3'  
523 UTR farther than 50 nucleotides downstream of the TC (Fig. 5A). The NMD-  
524 stimulating effect of EJC is well known and characterized (Karousis and  
525 Mühlemann 2016). However, there is a significant portion of transcripts  
526 among the NMD targets that lacks a 3' UTR intron, proving the existence of  
527 other NMD-triggering signals. Among the NMD targets without 3' UTR introns  
528 we could observe a significant enrichment for the presence uORFs as the  
529 second most relevant feature. If we then focus on targets without either of  
530 these two characteristics, we observe longer 3' UTRs to be significantly  
531 correlated with NMD susceptibility (Fig. 5B). Models proposing a common  
532 mechanism through which these different features lead to NMD have been put  
533 forward (Amrani et al. 2004; Stalder and Mühlemann 2008; Schweingruber et  
534 al. 2013) and there is ample supporting evidence for them. In quantitative  
535 terms however, we want to emphasize that the presence of a 3' UTR intron is  
536 by far the most important criteria with the most predictive power, whereas the  
537 predictive power of uORFs and long 3' UTRs is rather limited. Many  
538 transcripts with long 3' UTRs or predicted uORFs are in fact known to escape  
539 NMD and for some of them the NMD-protecting factors are known. For  
540 example, PTBP1 binding to the RNA stability element in Rous sarcoma virus  
541 protects the viral genomic RNA from NMD by preventing interaction of UPF1  
542 with the 200 nucleotide region downstream of the TC (Ge et al. 2016).  
543 Furthermore, a high AU content within the first 200 nucleotides downstream of  
544 the TC of several mRNAs with long 3' UTRs has also been reported to confer

545 resistance to NMD, but no trans-acting factor was identified (Toma et al.  
546 2015). These findings point towards a complex interplay between NMD-  
547 promoting and NMD-inhibiting determinants that to a large extent still remain  
548 to be elucidated.

549 In line with AU-rich elements in the 3' UTR correlating with NMD  
550 resistance, the GC content in the 3' UTRs of our 660 NMD targets lacking a  
551 uORF or 3' UTR intron was significantly higher than in a control group of  
552 NMD-immune transcripts. This finding is also consistent with our CLIP data,  
553 showing a higher propensity of UPF1 for GC-rich regions, and with recent  
554 reports of a significant enrichment for guanosine residues in UPF1 binding  
555 regions (Hurt et al. 2013). G-rich and GC-rich sequences have a higher  
556 propensity to form secondary structures and it has been speculated that such  
557 secondary structure might slow down the helicase/translocase activity of  
558 UPF1, thereby resulting in its enrichment in these regions (Hurt et al. 2013).

559 Finally, analysis of the phylogenetic conservation of the 3' UTR  
560 sequences revealed a significantly lower conservation of the 3' UTRs of NMD  
561 targets compared to NMD-insensitive 3' UTRs (Fig. 5B). We can currently  
562 only speculate about the biological meaning of this intriguing finding. Novel  
563 transcripts, arising for example from gene duplications, transposons insertions  
564 or viral infections, could often be detrimental for the cell. We hypothesize that,  
565 at this stage, the transcripts often would present features that render them  
566 susceptible to NMD, which in fact may be beneficial for the cell. If however  
567 such a transcript acquires a new function that educes a selective pressure for  
568 increased gene expression, transcript variants escaping NMD will now confer  
569 a selective advantage. This could occur for example by evolving binding sites  
570 in the 3' UTR that would protect the transcripts from NMD (as discussed  
571 above). Such NMD-avoiding motifs would then be conserved in the future,  
572 since they provide an evolutionary advantage. According to this view, NMD  
573 might have an important role for the evolution of genomes in that it enables  
574 cells to entertain an evolutionary playground by reducing the detrimental  
575 effects that could be caused by young and not yet fully functional genes. This  
576 scenario could explain our observation that younger genes appear to be more  
577 susceptible to NMD than evolutionary more ancient ones. Notably, the recent  
578 observation that some RNA virus genomes are recognized and degraded by

579 NMD would be consistent with this scenario (Balistreri et al. 2014; Garcia et  
580 al. 2014).

581 In summary, we believe that the set of endogenous NMD-targeted  
582 transcripts that we have identified herein will provide a highly valuable  
583 resource and reference for the scientific community for further investigations  
584 into both the biological role and the mechanism of NMD.

## 585 **MATERIALS AND METHODS**

### 586 **Experimental methods**

587 For knockdowns,  $2 \times 10^5$  HeLa cells were seeded into six-well plates and 24  
588 hours later the cells were transiently transfected using Dogtor (OZ  
589 Biosciences). For single factor knockdowns, 400 ng of pSUPERpuro plasmids  
590 expressing shRNAs against UPF1, SMG6, SMG7 or control plasmids were  
591 transfected. For the knockdown and rescue conditions 400 ng pcDNA3-NG-  
592 UPF1-WT-Flag, pcDNA3-SMG6-FLAG or pcDNA3-SMG7-FLAG were  
593 included in the transfection mixtures. For double knock-down experiments 400  
594 ng of each pSUPERpuro plasmid was added and the rescue of each factor  
595 was achieved by including 400 ng of pcDNA3-SMG6-FLAG or pcDNA3-  
596 SMG7-FLAG accordingly. The cells were split into a T25-cm<sup>2</sup> cell culture flask  
597 and selected with puromycin at a concentration of 1.5  $\mu\text{g}/\mu\text{L}$ . 24 hours prior to  
598 harvesting the cells were washed with PBS and the puromycin-containing  
599 medium was exchanged with normal DMEM-FCS medium. Cells were  
600 harvested 4 days after transfection.

601 The shRNA target sequence for UPF1 and SMG6 were described in  
602 (Paillusson et al. 2005) and SMG7 was described in (Metze et al. 2013). Total  
603 RNA was extracted using the GenElute Mammalian Total RNA Miniprep Kit  
604 (Sigma-Aldrich).

605 Cell harvesting for protein samples (derived from the same sample as RNA  
606 preparation) and measurement of relative mRNA levels by reverse  
607 transcription quantitative polymerase chain reaction (RT-qPCR) were done as  
608 described in (Nicholson et al. 2012). Briefly,  $2 \times 10^5$  cell equivalents were  
609 analyzed on a 10% PAGE and detection was performed using Anti-RENT1

610 (UPF1) (Bethyl, A300-038A), anti- EST1 (SMG6) (Abcam, ab87539), Anti-  
 611 SMG7 (Bethyl, A302-170A) and Anti-CPSF73 (custom made) antibodies.  
 612 qPCR assays have been described elsewhere (Yepiskoposyan et al. 2011),  
 613 except for the assays to measure the following genes:  
 614 GAS5 (5'-GCACCTTATGGACAGTTG-3', 5'-GGAGCAGAACCATTAAGC-3')  
 615 CDKN1A (5'-GACCAGCATGACAGATTTCTAC3', 5'-CAAACCTGAGACTAAG  
 616 GCAGAAG), TMEM183A (5'-TGCTCCGGCCGAGTGA-3', 5'-  
 617 ACCGCCGGAT  
 618 CCGAGTT-3'), RP9P (5'- CAAGCGCCTGGAGTCCTTAA-3', 5'-  
 619 AGGAGGTTT  
 620 TTCATAACTCGTGATCT-3'), GADD45B (5'-TCAACATCGTGCGGGTGTGCG-  
 621 3', 5'-CCCGGCTTTCTTCGCAGTAG-3'), ATF4 (5'- TCAACATCGTGCGGGT  
 622 GTCG-3', 5'- CCCGGCTTTCTTCGCAGTAG-3')  
 623 A total of 33 samples were sequenced: control knockdowns (Ctrl) in 6  
 624 replicates, all other conditions in triplicates. TruSeq Stranded mRNA kit  
 625 (chemistry v3) was used in the preparation of the library and in the poly(A)  
 626 enrichment step. The first batch was sequenced on an Illumina HiSeq2500  
 627 and the second on an Illumina HiSeq3000 machine. Reads are single-end  
 628 and 100bp long. The sequencing depth of every sample is reported in  
 629 Supplemental Table S4.

### 630 **UV cross-linking and immunoprecipitation (CLIP) of UPF1-Flag**

631 Knockdown of endogenous UPF1 was induced in HeLa tTR-KRAB-shUPF1  
 632 cells (Metze et al. 2013) by addition of 5 µg/mL doxycycline and  $8 \times 10^6$  cells  
 633 were transiently transfected with 4 µg of a pcDNA3 expression plasmid  
 634 encoding a C-terminally Flag-tagged, RNAi-resistant version of UPF1 using  
 635 30 µL of Lipofectamine 2000. 44 hours post transfection, cells were washed  
 636 and cross-linked in ice-cold PBS applying 150 mJ/cm<sup>2</sup> UV-C light (Bio-Link  
 637 BLX-E, 254 nm). After irradiation, cells were scraped of the culture dish,  
 638 collected by centrifugation, flash-frozen in liquid nitrogen and stored at -80 °C.  
 639 After cell lysis in 3 mL hypotonic lysis buffer (10 mM Tris-HCl pH 7.5, 10 mM  
 640 NaCl, 2 mM EDTA, 0.5% (v/v) Triton X-100, Halt Protease Inhibitor Cocktail)  
 641 and removal of cell debris by centrifugation, the supernatant was adjusted to

642 160 mM NaCl and incubated with 30 U RNase I (Ambion) and 15 U Turbo  
643 DNase (Ambion) at 37 °C for 7.5 minutes. 160 µL Dynabeads Protein G were  
644 incubated with 18 µg of mouse anti-FLAG M2 antibody (Sigma Aldrich),  
645 washed and resuspended in 1 mL hypotonic lysis buffer and incubated with  
646 the cell lysate at 4 °C for 1.5 hours. The beads were then washed three times  
647 with IP-buffer (50 mM HEPES-NaOH pH 7.5, 300 mM KCl, 0.05% (v/v) NP-  
648 40, Halt Protease Inhibitor Cocktail). To label the co-precipitated RNA  
649 fragments, dephosphorylation with Antarctic phosphatase was followed by  
650 incubation with 22.5 µL  $\gamma$ -<sup>32</sup>P-ATP (10 mCi/mL), 5 µL 100 mM ATP, and 100  
651 U T4 Polynucleotide Kinase in a total volume of 150 µL at 37 °C for 45  
652 minutes. The protein-RNA adducts were heat-eluted from the beads, resolved  
653 at 70 °C on a 2x NuPAGE Novex buffer 4-12% Bis-Tris Midi Gel (Life  
654 Technologies), transferred to nitrocellulose membrane using the iBlot system,  
655 and visualized by phosphorimager scanning. The section of the membrane  
656 harboring the RNA-UPF1 adducts was excised and the RNA fragments were  
657 retrieved by Proteinase K digestion followed by phenol/chloroform extractions  
658 and ethanol precipitation. cDNA library preparations and Illumina sequencing  
659 was performed at Fasteris (Geneva, Switzerland) according to their standard  
660 small RNA sequencing protocol. All bioinformatics analyses were performed  
661 in the same way as with the RNA-seq data, which is described in the following  
662 paragraphs.

### 663 **Gene counting and differential expression analysis**

664 For the gene-level analysis, sequencing reads were processed with  
665 Trimmomatic (Bolger et al. 2014) to remove low quality regions, poly(A) tails  
666 and adapter sequences. The reads were then mapped to the human genome  
667 (GRCh38) with TopHat (Kim et al. 2013), version 2.0.13. This step was aided  
668 by the use of the Ensembl gene annotation, release 81. The gene counting  
669 was performed with the program featureCounts (Liao et al. 2014), version  
670 1.4.6. DESeq2 (Love et al. 2014) was employed for the differential expression  
671 computation, version 1.6.3. All comparisons were corrected with the sva  
672 package, version 3.12.0, in order to compensate for secondary biases in the  
673 data. The transcript-level analysis was based on the isoform abundance

674 estimation provided by RSEM (Li and Dewey 2011), version 1.2.19. The  
675 annotation used was Ensembl, release 84.

### 676 **Meta-analysis of the data**

677 Our final goal is to provide a unique score for every gene, to estimate its  
678 likelihood of being an NMD target. The first step to achieve such synthetic  
679 result was to combine KD and rescue conditions for every factor. A joint gene-  
680 specific log<sub>2</sub>FC value was generated by computing the average between the  
681 KD/Ctrl log<sub>2</sub>FC and the inverse of the rescue/KD log<sub>2</sub>FC. So if a gene is  
682 upregulated in UPF1 KD compared to Ctrl and it's downregulated in the  
683 rescue compared to the KD will have a high positive combined log<sub>2</sub>FC. We  
684 called this quantity KD-rescue log<sub>2</sub>FC. The significance of this combined  
685 log<sub>2</sub>FC was computed by a technique called sum of *p*-value (Edgington  
686 1972). All genes downregulated in a KD or upregulated in a rescue, were  
687 assigned a *p*-value of 1 before applying this algorithm. We called this quantity  
688 KD-rescue *p*-value. In all cases in which we will refer to the significance or the  
689 log<sub>2</sub>FC of a single condition, like UPF1 or dKD\_SMG6, we refer to these  
690 meta-analysis computations. Next, we aimed at finding the genes that  
691 complied with our definition of NMD target: gene reacting to UPF1 and at least  
692 one between SMG6 and SMG7. We therefore combined all conditions in a  
693 single list of significant results, using a set of *p*-value meta-analysis methods  
694 (Supplemental Table S2). The results from SMG6 and dKD\_SMG6 were  
695 combined with Fisher's method in a single meta\_SMG6 score. The same  
696 comparison was done for SMG7. A meta\_SMGs significance score was then  
697 computed with a sum of *p*-value from meta\_SMG6 and meta\_SMG7. The final  
698 significance parameter used to determine the list of most significant NMD  
699 targets was calculated with a Fisher's method from meta\_SMGs and  
700 UPF1\_FDR (meta\_meta).

### 701 **Differential expression simulations**

702 To rigorously compare two perturbed transcriptional conditions we performed  
703 a number of simulations. First, we recreated a theoretical dataset in which the  
704 transcriptional changes were based on the differences observed between

705 SMG6 rescue and the dKD. We generated gene counts by sampling from a  
706 negative binomial distribution whose parameters were estimated with  
707 DESeq2. This simulation was meant to produce a hypothetical SMG7 rescue  
708 condition that behaved in the same exact way as SMG6 rescue. The only  
709 exception was that the intensity of the log2FC was decreased by a factor of  
710 0.57, which was the difference we estimated in SMG6 and SMG7 intensity  
711 from a linear model of the real data. Since this initial simulation showed a  
712 correlation with SMG6 rescue log2FC slightly higher than the observed one  
713 for SMG7, we executed a series of additional simulations to which we added  
714 more variability. The expected log2FC were multiplied by a confounding factor  
715 of different intensities. This method allowed us to estimate the percent level of  
716 specificity between the transcriptional effects of SMG6 and SMG7.

## 717 **DATA AVAILABILITY**

718 All sequencing data from this study are available on the Gene Expression  
719 Omnibus (GEO) with the id: GSE86148. In an attempt to allow complete  
720 reproducible research, all scripts used in this work are available online on  
721 GitHub at the address: <https://github.com/Martombo/NMDseq>.

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974

**975 FIGURE LEGENDS**

976

**977 FIGURE 1.**

978 Monitoring of UPF1, SMG6 and SMG7 knockdown (KD), double knockdown  
979 (dKD) and rescue experiments compared to a control knockdown (Ctrl).

980 A) Lysates corresponding to  $2 \times 10^5$  cell equivalents of HeLa cells transiently  
981 transfected with the indicated knockdown and rescue constructs were  
982 analyzed by western blotting. After electrophoretic separation of the proteins  
983 on 10% SDS-PAGE and transfer to nitrocellulose membranes, membrane  
984 sections were incubated with antibodies against UPF1, SMG6, SMG7 and  
985 CPSF73, the latter serving as loading control. The anti-SMG7 antibody gives  
986 a double band of which only the upper band (arrow) corresponds to SMG7. B)  
987 Relative mRNA levels of known endogenous NMD-targeted mRNAs (GAS5,  
988 RP9P, SMG5, ATF4), normalized to  $\beta$ -actin mRNA (ACTB), were determined  
989 for all conditions 72 hours post transfection by RT-qPCR. Mean values and  
990 standard deviations of three independent experiments are shown, with the  
991 samples in the control knockdown (Ctrl) set to 1.0.

992

**993 FIGURE 2.**

994 High overlap of putative NMD targets identified in the different conditions.

995 A) Bar plot displaying the results of a k-means clustering procedure performed  
996 on the  $\log_2\text{FC}$  measured for each gene in the indicated conditions. The  
997 number of clusters was set to two. The y-axis shows the average  $\log_2\text{FC}$  of all  
998 the genes present in cluster 1 (comprising 40'000 genes) and cluster 2 (4'000  
999 genes). KD refers to the  $\log_2\text{FC}$  (KD/Ctrl) and rescue to the  $\log_2\text{FC}$   
1000 (rescue/KD), respectively. The double knockdown of SMG6 and SMG7 (dKD)  
1001 was rescued either with SMG6 (dKD SMG6 rescue) or with SMG7 (dKD  
1002 SMG7 rescue). B) Histogram of genes with positive KD-rescue  $\log_2\text{FC}$ , which  
1003 is expected from NMD targets. The top 1000 targets in each of our conditions  
1004 were determined. Each of these sets corresponds to a cluster of columns in  
1005 the plot. The y-axis shows the fraction of these targets that have a positive  
1006  $\log_2\text{FC}$  in the other conditions. The  $\log_2\text{FC}$  used for this analysis is the  
1007 average between the  $\log_2\text{FC}$  (KD/Ctrl) and the inverse of the  $\log_2\text{FC}$

1008 (rescue/KD) (see methods). C) Bar plots showing the RNA levels of the three  
1009 factors under study upon each single KD.

1010

1011 **FIGURE 3.**

1012 SMG6 and SMG7 dKD and individual rescues reveal the highly redundant  
1013 activity of these two NMD factors.

1014 A) Scatter plot comparing SMG6 and SMG7 rescues from the dKD. The  
1015 picture shows the log<sub>2</sub>FC of the analysis of SMG6 rescue vs dKD (x-axis) and  
1016 SMG7 rescue vs dKD (y-axis). Coloured in red are genes significantly  
1017 downregulated in *either* of the two conditions. The histograms on the y-axis  
1018 (on the right side) and x-axis (on the top) show the SMG7 log<sub>2</sub>FC distribution  
1019 of all the significant downregulated targets in SMG6 rescue and *vice versa*,  
1020 respectively. B) Simulation to estimate the variation between SMG6 and  
1021 SMG7 results. Based on the negative binomial parameters computed from our  
1022 data, new counts datasets were simulated. Additional variation was added to  
1023 provide an accurate estimate of the individual difference between dKD\_SMG6  
1024 and dKD\_SMG7 rescues. The picture compares the correlation scores (y-  
1025 axis) found in the simulations at different levels of variation (x-axis) with the  
1026 observed one in our dataset (black horizontal line).

1027

1028 **FIGURE 4.**

1029 NMD targets transcripts classified as non-coding, small-RNA host RNAs and  
1030 products of pervasive transcription.

1031 A) Pie chart illustrating the top 1000 NMD targets categorized according to  
1032 their biotype. 78% of these NMD targets code for protein, 9% are  
1033 pseudogenes, 6% lincRNAs, and 4% antisense transcripts. B) The number of  
1034 possible ORFs in non-coding RNAs correlates with the likelihood of  
1035 undergoing NMD. The expressed non-coding genes are partitioned in different  
1036 bins depending on how many theoretical ORFs can be predicted on their  
1037 sequence. The y-axis reports the percentage of NMD targets (top 1000) of all  
1038 the genes in each bin (e.g. 8% of genes with 3 ORFs are NMD targets). C)  
1039 Top NMD targets are enriched in snoRNA and miRNA host genes. Each bar  
1040 shows the percentage of genes that are among the NMD targets (top 1000) in  
1041 every class of genes. D) Transcripts initiating upstream of the canonical

1042 transcription start site (TSS) are partially cleared by NMD. The number of  
1043 reads upstream of every annotated TSS has been computed in the indicated  
1044 conditions. This quantity was divided by the total counts of every gene and  
1045 every condition was analyzed comparing KDs to Ctrl and rescues to KDs, as  
1046 in the normal analysis (see methods). A box plot showing the log<sub>2</sub>FC of these  
1047 quantities is displayed.

1048

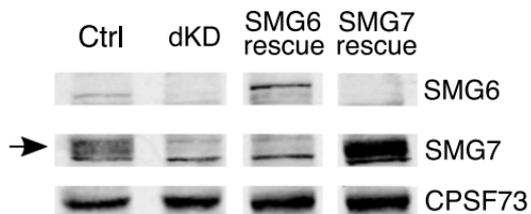
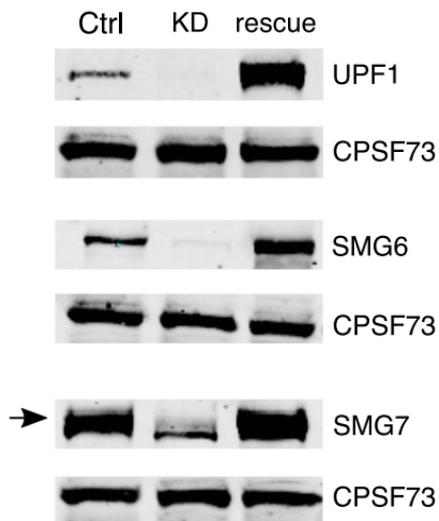
1049 **FIGURE 5.**

1050 NMD targets are enriched in known and novel characteristic features.

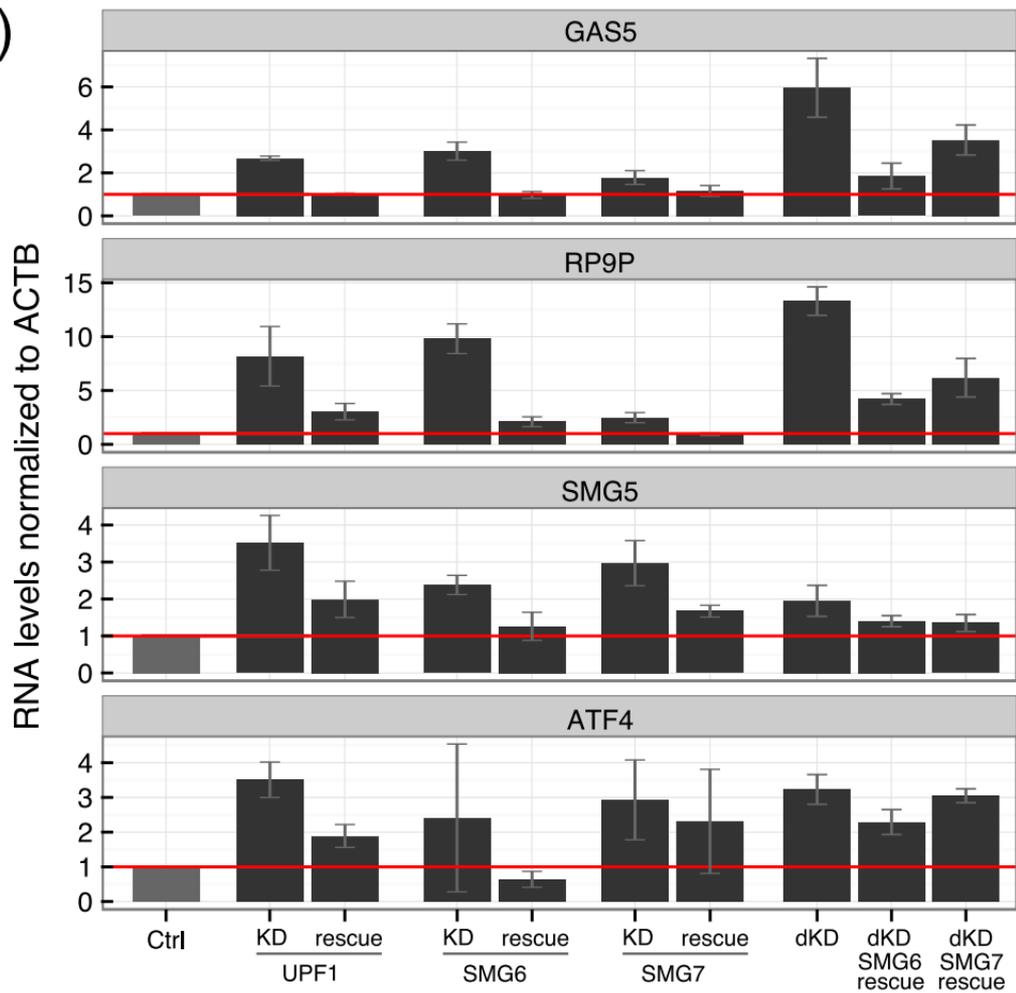
1051 A) Bar plot showing the enrichment of mRNAs with introns in the 3' UTR and  
1052 uORFs among NMD targets. All mRNAs with introns in the 3' UTR have been  
1053 removed from the analysis of uORFs. B) Box plots comparing 3' UTR features  
1054 between NMD targets and a matched control group. All mRNAs with 3' UTR  
1055 introns or uORFs have been removed from the analysis. This resulted in a  
1056 total of 660 significant isoforms. The control set is always a set of mRNAs that  
1057 have the same expression levels of the NMD mRNAs in the Ctrl condition.

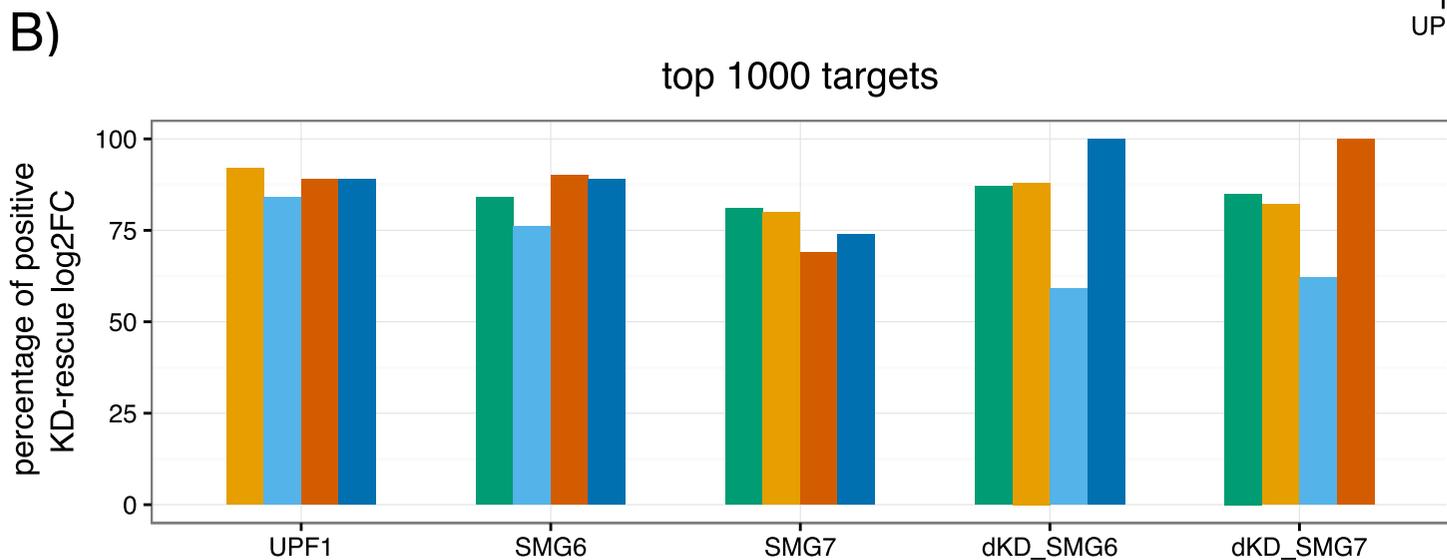
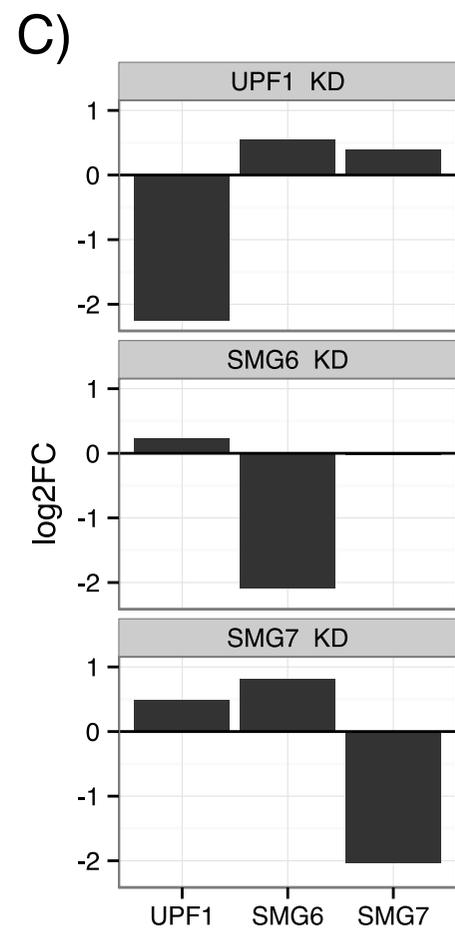
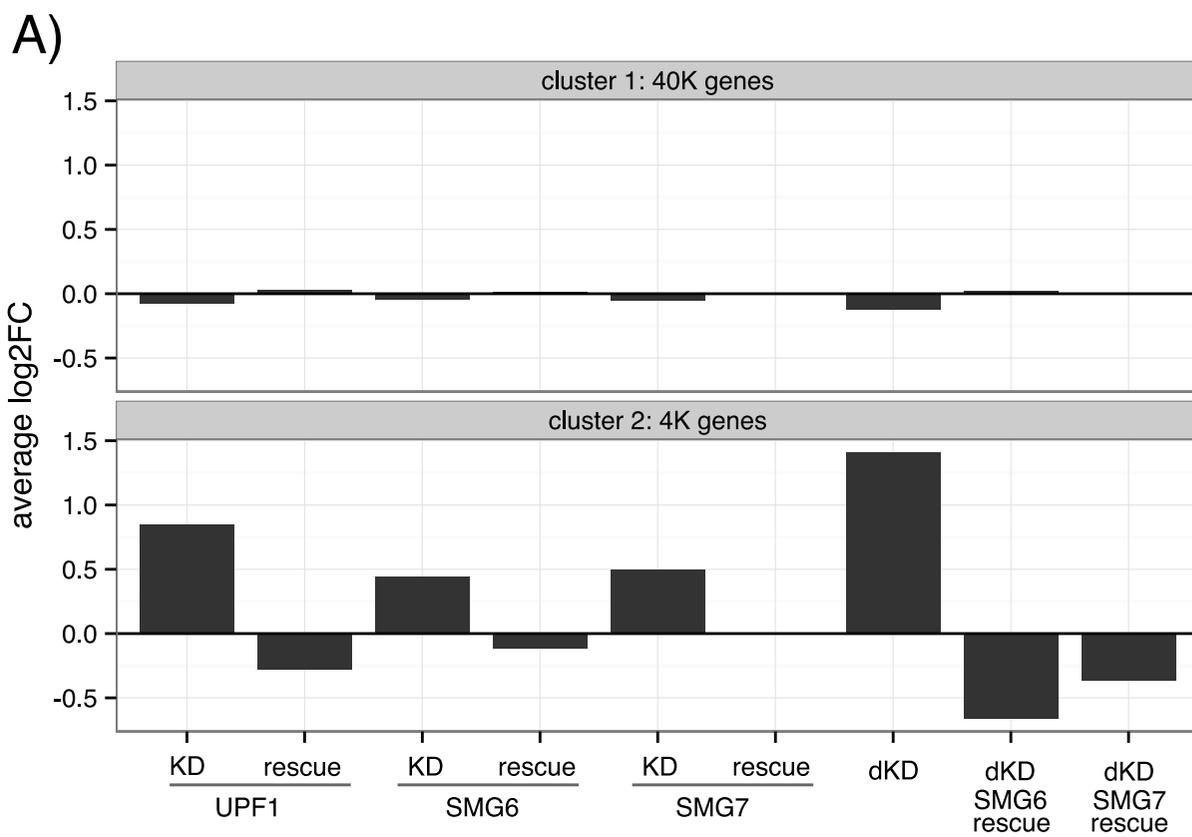
1058

A)

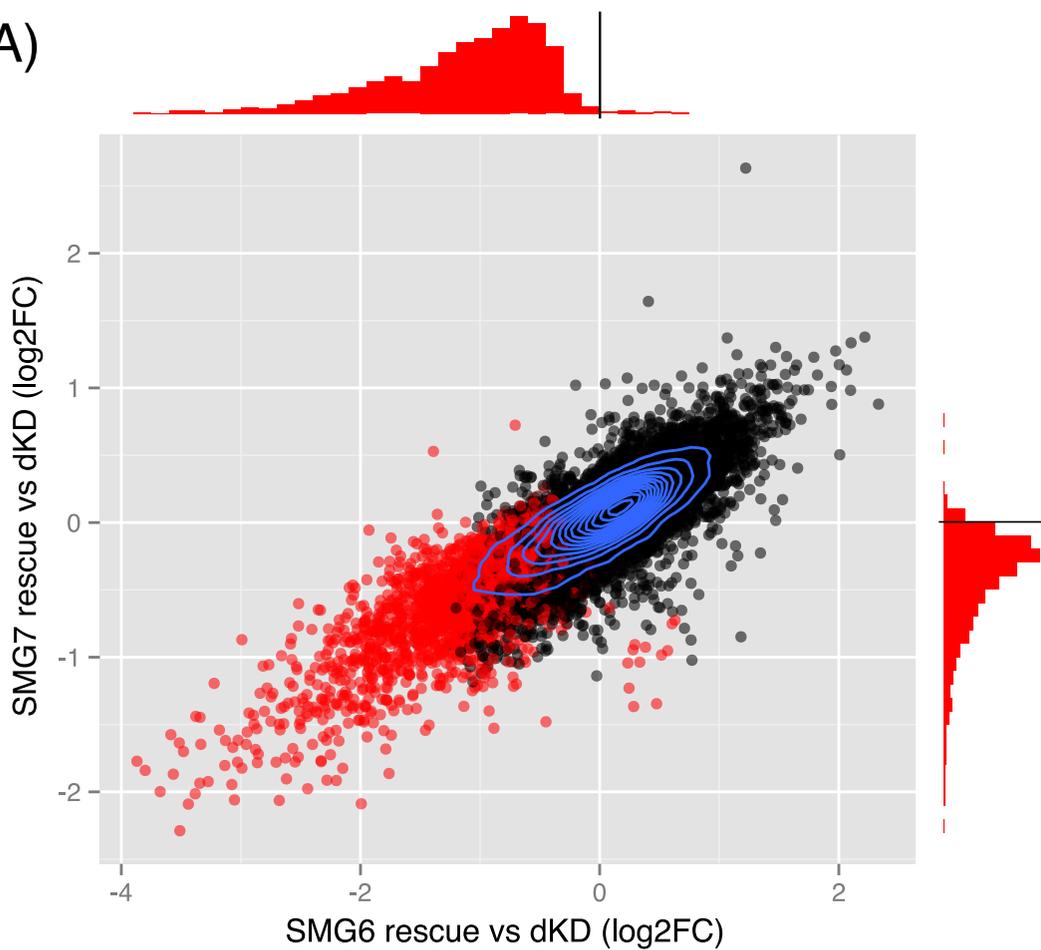


B)

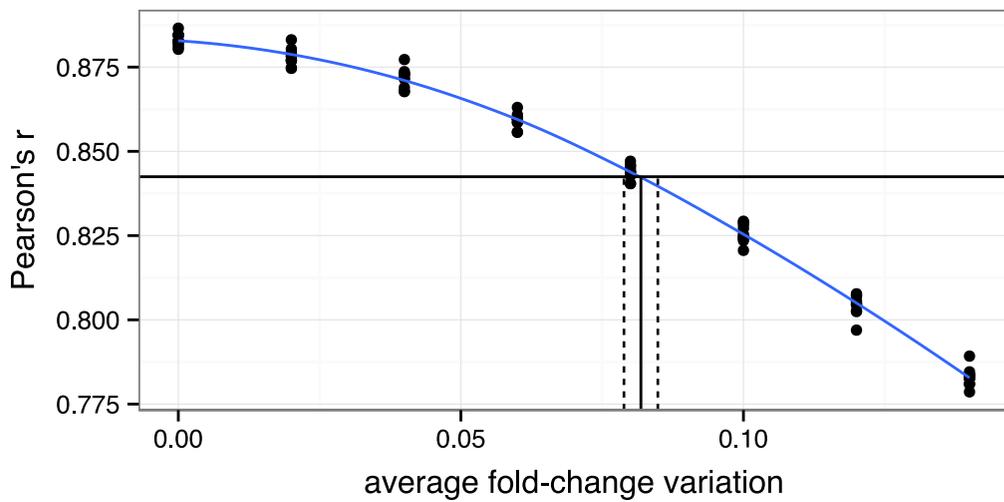




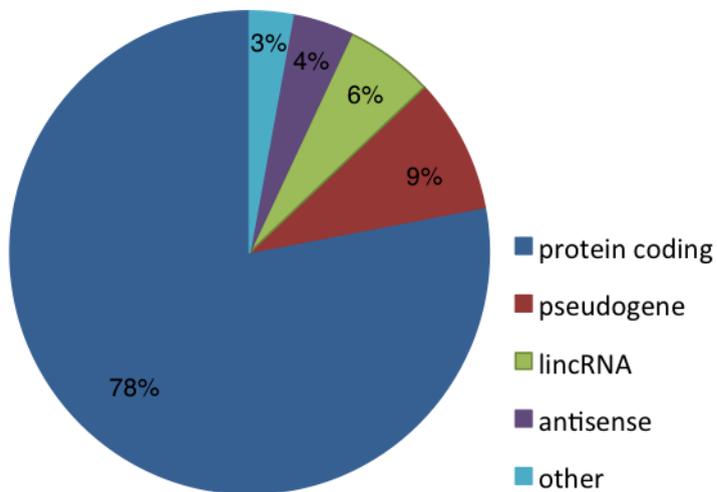
A)



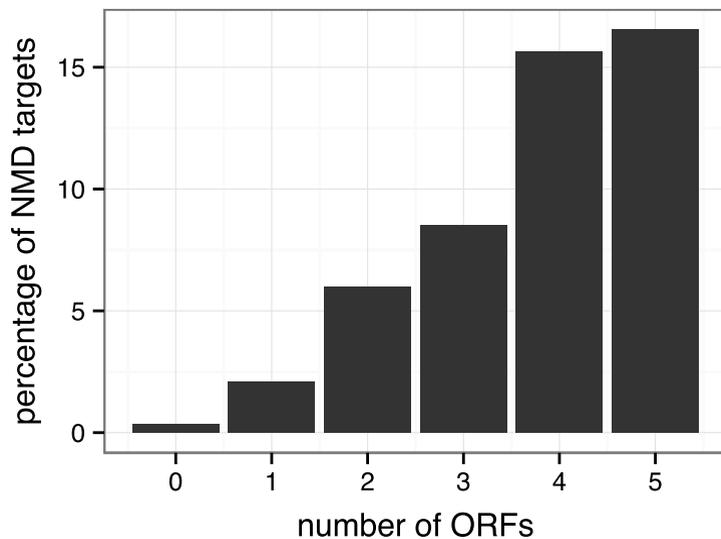
B)



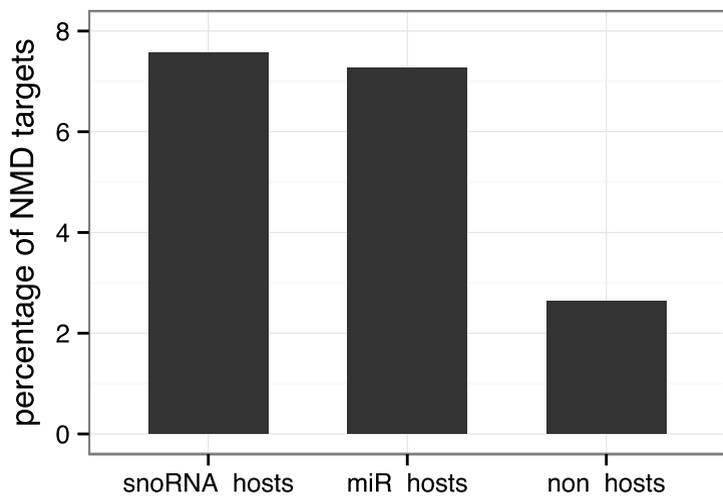
A)



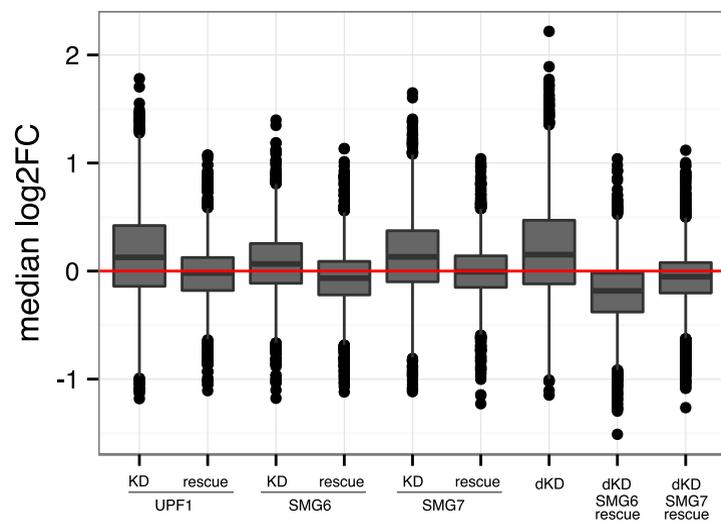
B)



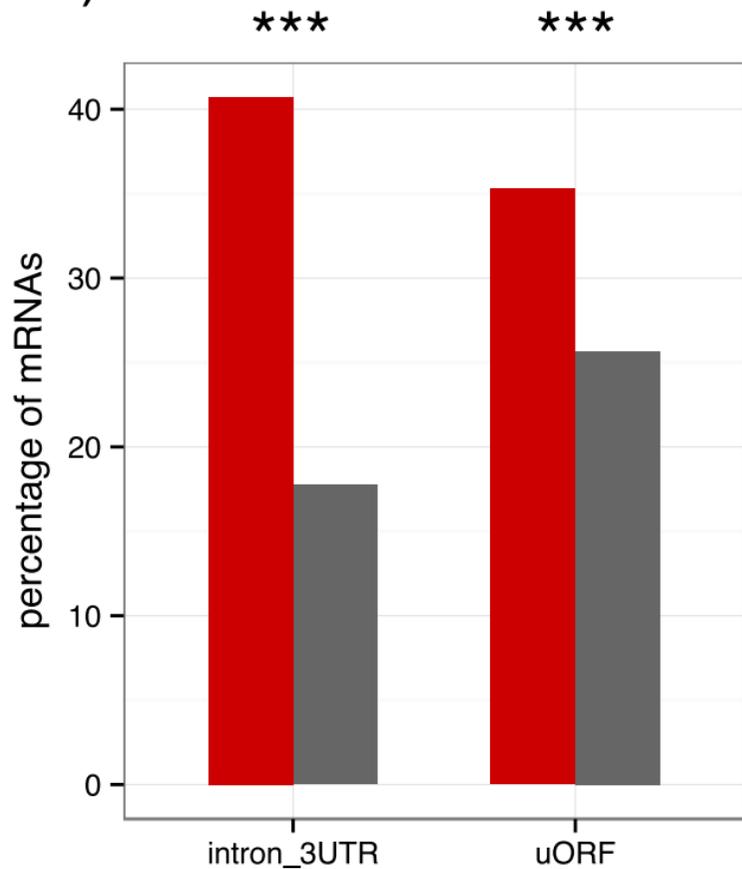
C)



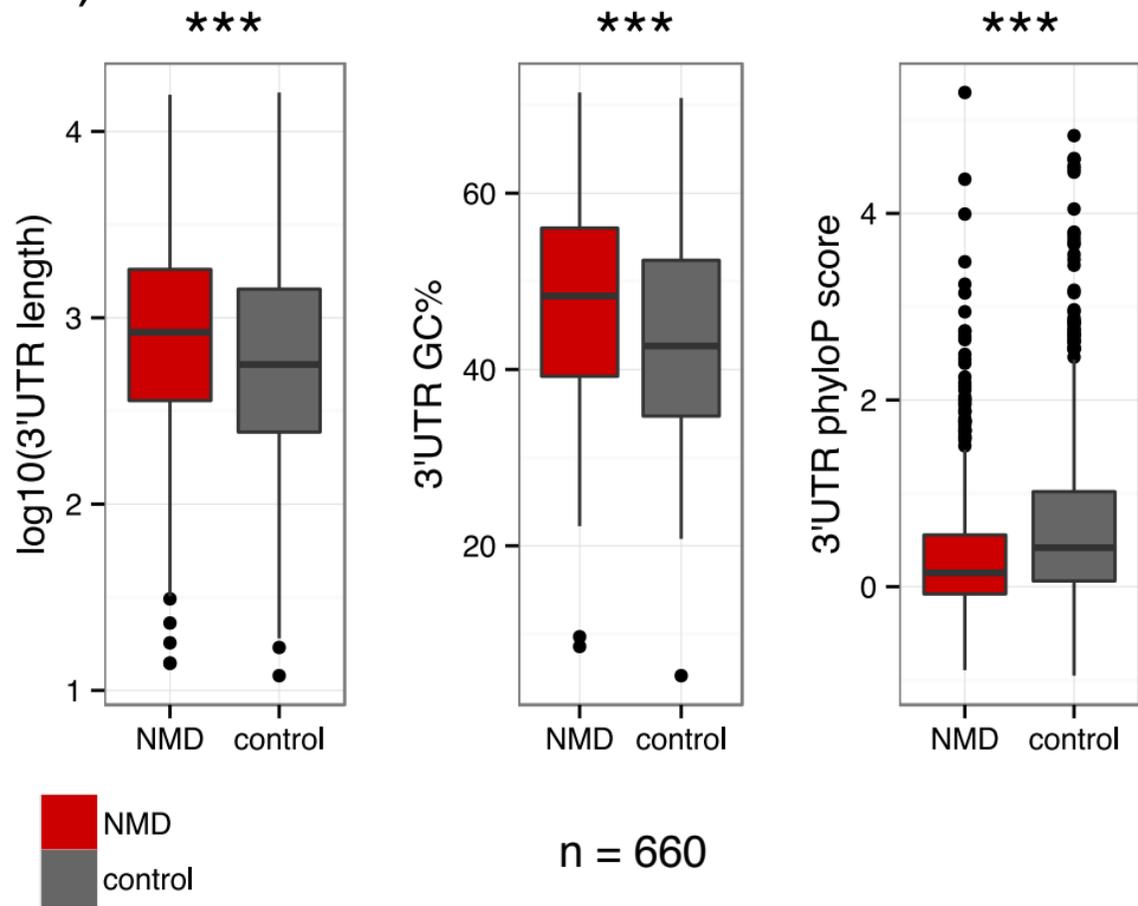
D)



A)



B)





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## Transcriptome-wide identification of NMD-targeted human mRNAs reveals extensive redundancy between SMG6- and SMG7-mediated degradation pathways

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